



Semper Avanti

## Association Semper Avanti

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### European Voluntary Service in Poland



Dear Volunteer,

**We want to invite you to participate in our long-term project in "The Lower Silesian Association for Children and young people with Cerebral Palsy "OSTOJA. Project will be from September 2012 to September 2013 and we are searching for 2 volunteers.**

We are waiting for your application until **25** of April

#### Who are we looking for?

We are looking for people who have open and caring nature towards disabled people. Because of the special character of the work the volunteers should be flexible, patient, tolerant and responsible. They should be able to loose their emotional and psychical barriers and fear in order to deal in a proper way with mentally disabled persons.

#### What are the main tasks?

The first week after arriving will be entirely dedicated to an introduction training on how to work with mentally retarded people. Volunteers will help by preparing materials and running the activities. Part of the tasks should be also to help in dressing, feeding, cleaning during the workshops etc. The choice activities he/she will perform will be left to the volunteer's interests. Due to challenging target group, volunteers will always choose freely the activities they would like to assist or perform. To avoid language gap we will encourage volunteers to master basic everyday Polish after arrival.

Specifically for the tasks at The Rehabilitation-Educative Centre for Children with Deep Intellectual Handicap and at Local House of Mutual Aid there are hard disabled children, so volunteers will work with the help of special educators in feeding, dressing, stimulating the kids etc. (mostly physical work).

In Kleks volunteers could teach English and make some artistic activities (own ideas are very welcome).

At Workshop of Occupational Therapy and Youth Rehabilitation-Therapy Center the volunteers will help therapists, work individually with more disabled people, going for the practice, teaching English. Own ideas are welcome.

Naturally volunteers are encouraged to dedicate some of their spare time to plan and prepare their own activities, with the help of coordinators and therapists. Especially welcome from the volunteers is to make a presentation about their country or teach a national song or dance or something else which will surely be funny and interesting. Every good idea will be most welcome.

#### Where?

Wrocław is a capital of Lower Silesia region situated in south-west Poland. Here live 750 thousand inhabitants. A big part of our region is mountains and this is the most tourist attractive place, not far from Wrocław. Wrocław is one of the quickest developing cities in Poland. The reason is the geographical location- near to the German and Czech borders. It draws many western investors.

Wrocław itself is a beautiful city with many historic sites and very friendly atmosphere. We have 14 Universities and Academies and very good developed cultural live. The city is located on the Odra river and is called Polish Venice. (to learn more [click here](#)).

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**Please send your CV and motivation letter on this address:**  
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